

**RIDGEWOOD YMCA SWIM TEAM**  
**9 & 10 Long Course Records**

<b>Time</b>	<b>Year</b>	<b>Name</b>	<b>Event</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
30.71	2003	Chloe Conjares	50 Freestyle	John Om	2007	30.40
1:09.55	2003	Chloe Conjares	100 Freestyle	Jeff Dash	1991	1:07.23
2:30.96	1996	Shannon Kerrigan	200 Freestyle	Jeff Dash	1991	2:27.21
5:27.43	2009	Bridget Horton	400 Freestyle	Evan Fischer	2005	5:41.55
36.08	2003	Chloe Conjares	50 Backstroke	John Om	2007	37.26
1:19.68	2003	Chloe Conjares	100 Backstroke	Nicholas Liulakis	2000	1:22.43
38.81	1997	Sara Kallman	50 Breaststroke	John Om	2007	40.27
1:27.57	1997	Sara Kallman	100 Breaststroke	John Om	2007	1:31.46
33.80	2009	Annmarie Picinich	50 Butterfly	Jeff Dash	1991	33.47
1:18.10	2009	Annmarie Picinich	100 Butterfly	Jeff Dash	1991	1:13.73
2:52.71	1996	Shannon Kerrigan	200 I.M.	Jeff Dash	1991	2:45.01
2:23.07	2008	J. Solin, L. Boos B. Horton, K. Turner	200 Free Relay	A. Wong, P. Wong J. Om, A. Cho	2009	2:19.03
2:32.98	1997	A. Dugan, S. Kallman, C. Paterno, A. Peraino	200 Medley Relay	A. Cho, J. Om A. Wong, P. Wong	2009	2:38.40